

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

hosted by St. Charles

## Results

## Girls 100 Meter Dash Class A

1A Standard: 13.17 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Jamie Gibbs	12	Lewiston-Alt	13.07* 10
2 Brielle Rasmussen	12	Rushford-Pet	13.14* 8
3 Macy Donnenwerth	9	Cotter	13.29 6
4 Camila Puente Infante	11	Cotter	13.39 5
5 Ayshia Gay	12	Caledonia/Sp	13.43 4
6 Abbey Gardner	11	Cotter	13.65 3
7 Lauren Brogle	11	L-FC-MC	13.68 2
8 Joelle Hammann	12	Lewiston-Alt	13.79 1
9 Mira Paul	10	St. Charles	14.02
10 Claire Keasling	11	L-FC-MC	14.09
11 Sari Rein	9	L-FC-MC	14.13
11 Kloe Jore	12	Caledonia/Sp	14.13
13 Lexi Peters	10	Caledonia/Sp	14.16
14 Emma Nelson	10	St. Charles	14.24
14 Shelby Mosdal	11	St. Charles	14.24
16 McKenna Smith	9	Rushford-Pet	14.68
17 Kianna Wright	9	Rushford-Pet	14.78
18 Momoka Cox	10	La Crescent-	14.83
19 Ilee Byom	10	La Crescent-	15.37
20 Elise Vessey	9	La Crescent-	16.02

## Girls 200 Meter Dash Class A

1A Standard: 26.99 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Brielle Rasmussen	12	Rushford-Pet	27.22 10
2 Savannah Klinski	10	La Crescent-	27.40 8
3 Nicole Banse	9	Caledonia/Sp	27.43 6
4 Macy Donnenwerth	9	Cotter	27.47 5
5 Jamie Gibbs	12	Lewiston-Alt	27.58 4
6 Kate Crosby	11	La Crescent-	27.97 3
7 Sienna Augedahl	10	Caledonia/Sp	28.73 2
8 Evie Benedett	9	St. Charles	28.75 1
9 Charlese Walk	12	Caledonia/Sp	29.14
10 Joelle Hammann	12	Lewiston-Alt	29.59
11 Shelby Mosdal	11	St. Charles	29.83
12 Julia Keasling	11	L-FC-MC	30.08
13 Tessa Matzke	10	St. Charles	30.15
13 Claire Keasling	11	L-FC-MC	30.15
15 McKenna Smith	9	Rushford-Pet	30.91
16 Kianna Wright	9	Rushford-Pet	32.13
17 Mara Schwarz	10	L-FC-MC	32.65
18 Dixi (Daisy) Liao	11	Cotter	32.86
19 Karianna Barrientos	10	Cotter	32.90

## Girls 400 Meter Dash Class A

1A Standard: 1:02.74 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Macy Piechowski	10	Cotter	1:02.28* 10

2 Samantha Perez	10	St. Charles	1:02.35* 8
3 Savannah Klinski	10	La Crescent-	1:03.54 6
4 Ava Helgemoe	9	Rushford-Pet	1:06.24 5
5 Sienna Augedahl	10	Caledonia/Sp	1:07.35 4
6 Sahara Morken	10	L-FC-MC	1:07.96 3
7 Bailey Erwin	10	L-FC-MC	1:08.11 2
8 Evie Benedett	9	St. Charles	1:08.21 1
9 Olivia Teichroew	8	Cotter	1:10.09
10 Rylee Kennedy	10	Lewiston-Alt	1:10.16
11 Stella Wendt	8	St. Charles	1:10.41
12 Quinn Potter	9	Rushford-Pet	1:12.14
13 Kora Kahoun	7	Rushford-Pet	1:13.25
14 Regan Rytlahti	10	La Crescent-	1:15.77
15 Audra Otto	10	L-FC-MC	1:16.28
16 Belle Fox	9	La Crescent-	1:17.71
17 Lauren Jewison	9	Cotter	1:18.11

## Girls 800 Meter Run Class A

1A Standard: 2:27.05 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Myla Baudek	10	La Crescent-	2:33.68 10
2 Kyla Hellickson	9	L-FC-MC	2:39.33 8
3 Kyra Kotsmith	10	Cotter	2:39.94 6
4 Autumn Rakosnik	7	L-FC-MC	2:40.05 5
5 Klaudia Biel	11	L-FC-MC	2:44.88 4
6 Lauren Honken	11	Rushford-Pet	2:45.85 3
7 Audrey England	11	Cotter	2:50.78 2
8 Emilee Peterson	8	Rushford-Pet	2:52.22 1
9 Aylin Perez	7	St. Charles	2:53.01
10 Natalie Buege	10	Lewiston-Alt	2:54.60
11 Hailey Heimermann	8	Lewiston-Alt	2:55.32
12 Kya Deck	8	Caledonia/Sp	2:55.75
13 Emma Nelson	10	St. Charles	2:56.00
14 Jazmine Cline	10	La Crescent-	2:58.31
15 Peyton Gish	10	Cotter	2:58.38
16 Campbell Cognac	11	Caledonia/Sp	3:02.34
17 Abby Prinsen	7	Rushford-Pet	3:08.90
18 Avery Toft	11	St. Charles	3:14.41

## Girls 1600 Meter Run Class A

1A Standard: 5:40.32 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Sonja Semling	10	Cotter	6:00.20 10
2 Mya Slavin	11	St. Charles	6:03.44 8
3 Autumn Rabe	12	La Crescent-	6:10.10 6
4 Vada Larson	8	Rushford-Pet	6:12.33 5
5 Natalie Buege	10	Lewiston-Alt	6:14.31 4
6 Caitlin Bauer	7	Rushford-Pet	6:27.39 3
7 Olivia Sethre	12	L-FC-MC	6:33.58 2
8 Hannah Tuveson	9	Rushford-Pet	6:38.12 1
9 Kaylee Van Etten	7	Cotter	6:39.81
10 Bethany Peratt	11	Cotter	6:56.52
11 Brianna Brogan	9	St. Charles	7:52.59

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

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## Results

**Girls 3200 Meter Run Class A**

1A Standard: 12:20.04 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Sonja Semling	10	Cotter	11:39.95* 10
2 Mya Slavin	11	St. Charles	12:37.61 8
3 Corrina Lechnir	9	La Crescent-	12:45.64 6
4 Hazel Freyre	10	Cotter	12:48.30 5
5 Sophia Tuseth	10	St. Charles	13:08.11 4
6 Charity Kingsley	7	L-FC-MC	13:28.46 3
7 Vada Larson	8	Rushford-Pet	13:43.51 2
8 Grace Kingsley	7	L-FC-MC	13:52.83 1
9 Hailee Peterson	10	Rushford-Pet	15:16.27

**Girls 100 Meter Hurdles Class A**

1A Standard: 17.04 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Ludwig	12	La Crescent-	15.92* 10
2 Aubryana Boldt	9	Rushford-Pet	16.21* 8
3 Chloe Miller	10	L-FC-MC	17.40 6
4 Claire Siebenhaler	9	St. Charles	17.80 5
5 Claire Daley	8	Lewiston-Alt	18.09 4
6 Lydia Warmkagathje	9	St. Charles	18.48 3
7 Grace Erickson	11	Lewiston-Alt	18.63 2
8 Ava Jacobsen	10	L-FC-MC	19.64 1
9 Lilly Rabe	10	La Crescent-	19.81
10 Aspyr Knutson	9	Rushford-Pet	20.22
11 Caitlyn Dresselhaus	12	Lewiston-Alt	20.54
12 Gianna Teska	9	Cotter	23.13
--- Aurora Kabat	7	La Crescent-	NT
--- Cora Davidson	8	St. Charles	DQ

**Girls 300 Meter Hurdles Class A**

1A Standard: 49.77 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Emily Ludwig	12	La Crescent-	49.66* 10
2 Claire Siebenhaler	9	St. Charles	51.03 8
3 Clarissa Sauer	10	Cotter	52.11 6
4 Chloe Miller	10	L-FC-MC	53.73 5
5 Jersey Ristau	11	L-FC-MC	53.80 4
6 Lydia Warmkagathje	9	St. Charles	54.70 3
7 Lydia Pedretti	8	Rushford-Pet	56.80 2
8 Karlee Frauenkron	7	Rushford-Pet	57.13 1
9 Aspyr Knutson	9	Rushford-Pet	57.81
10 Scarlett McConnell Elder	11	St. Charles	59.61
11 Momoka Cox	10	La Crescent-	1:00.40
12 Caitlyn Dresselhaus	12	Lewiston-Alt	1:01.27
13 Lynsey Ruen	11	L-FC-MC	1:01.37
--- Aurora Kabat	7	La Crescent-	NT

**Girls 4x100 Meter Relay Class A**

1A Standard: 52.24 \*

Team	Relay	Finals
<b>Finals</b>		
1 Cotter		51.38* 10
1) Macy Donnenwerth 9	2) Camila Puente Infante 11	
3) Ava Killian 11	4) Abbey Gardner 11	
2 St. Charles		53.75 8
1) Abby Hoffman 10	2) Thavyah Matthews 11	
3) Cristina Hernandez 12	4) Samantha Perez 10	
3 Caledonia/Sp		54.00 5
1) Kloe Jore 12	2) Charlese Walk 12	
3) Ayshia Gay 12	4) Nicole Banse 9	
3 Rushford-Pet		54.00 5
1) Emily Helgemoe 7	2) Tayler Helgemoe 11	
3) Ava Helgemoe 9	4) Aubryana Boldt 9	
5 L-FC-MC		54.04 3
1) Lauren Brogle 11	2) Jersey Ristau 11	
3) Aubrey Daniels 10	4) Kinley Soiney 9	
6 Lewiston-Altura		55.12 2
1) Claire Daley 8	2) Georgia Mundt 11	
3) Joelle Hammann 12	4) Jamie Gibbs 12	
7 La Crescent-Hokah		55.52 1
1) Kate Crosby 11	2) Maggie Crosby 9	
3) Greta Schoepel 11	4) Lilly Rabe 10	

**Girls 4x200 Meter Relay Class A**

1A Standard: 1:51.09 \*

Team	Relay	Finals
<b>Finals</b>		
1 Cotter		1:48.90* 10
1) Claire Heiring 10	2) Ava Killian 11	
3) Aubrey Schossow 10	4) Clarissa Sauer 10	
2 La Crescent-Hokah		1:51.09* 8
1) Kate Crosby 11	2) Maggie Crosby 9	
3) Vanessa Ntiamoah 11	4) Savannah Klinski 10	
3 L-FC-MC		1:52.32 6
1) Lauren Brogle 11	2) Aubrey Daniels 10	
3) Kinley Soiney 9	4) Bailey Erwin 10	
4 Caledonia/Sp		1:52.82 4
1) Ayshia Gay 12	2) Charlese Walk 12	
3) Sienna Augedahl 10	4) Nicole Banse 9	
5 Rushford-Pet		1:53.07 3
1) Emily Helgemoe 7	2) Ava Helgemoe 9	
3) Tayler Helgemoe 11	4) Brielle Rasmussen 12	
--- St. Charles		DQ
1) Abby Hoffman 10	2) Thavyah Matthews 11	
3) Cristina Hernandez 12	4) Samantha Perez 10	

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

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## Results

## Girls 4x400 Meter Relay Class A

1A Standard: 4:16.85 \*

Team	Relay	Finals
<b>Finals</b>		
1 L-FC-MC		4:15.35* 10
1) Adeline Miner 12	2) Kinley Soiney 9	
3) Lillyan Kiehne 9	4) Kammry Broadwater 11	
2 St. Charles		4:24.89 8
1) Abby Hoffman 10	2) Lydia Warmkagathje 9	
3) Kate Vermilya 7	4) Claire Siebenhaler 9	
3 Cotter		4:33.17 6
1) Kyra Kotsmith 10	2) Aubrey Schossow 10	
3) Jessica Beguin 11	4) Macy Piechowski 10	
4 Rushford-Pet		4:59.10 4
1) Lauren Honken 11	2) Quinn Potter 9	
3) Kora Kahoun 7	4) Emily Helgemoe 7	
5 La Crescent-Hokah		5:11.35 3
1) Regan Rytillahti 10	2) Ilee Byom 10	
3) Korissa George 9	4) Belle Fox 9	

## Girls 4x800 Meter Relay Class A

1A Standard: 10:35.76 \*

Team	Relay	Finals
<b>Finals</b>		
1 L-FC-MC		10:18.42* 10
1) Brooklyn Simon 10	2) Sahara Morken 10	
3) Lillyan Kiehne 9	4) Kammry Broadwater 11	
2 Cotter		11:07.32 8
1) Kyra Kotsmith 10	2) Audrey England 11	
3) Hazel Freyre 10	4) Jessica Beguin 11	
3 La Crescent-Hokah		11:22.45 6
1) Corrina Lechnir 9	2) Autumn Rabe 12	
3) Jazmine Cline 10	4) Myla Baudek 10	
4 St. Charles		11:27.02 4
1) Riley Ward 12	2) Aylin Perez 7	
3) Tessa Matzke 10	4) Sami Leistikow 9	
5 Rushford-Pet		11:57.92 3
1) Quinn Potter 9	2) Caitlin Bauer 7	
3) Abby Prinsen 7	4) Hannah Tuveson 9	

## Girls High Jump Class A

1A Standard: 4-11 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Ava Jacobsen	10	L-FC-MC	4-11.00* 10
2 Jessica Beguin	11	Cotter	4-09.00 7
2 Grace Erickson	11	Lewiston-Alt	4-09.00 7
4 Kyla Hellickson	9	L-FC-MC	4-07.00 5
5 Emily Hansen	10	Lewiston-Alt	4-07.00 4
6 Noelle Barclay	12	St. Charles	4-05.00 2.5
6 Claire Daley	8	Lewiston-Alt	4-05.00 2.5
8 Tayler Helgemoe	11	Rushford-Pet	4-05.00 1
9 Stella Wendt	8	St. Charles	4-05.00
10 Shelby Mosdal	11	St. Charles	4-05.00

--- Madison Ingvalson 8 Rushford-Pet NH

## Girls Pole Vault Class A

1A Standard: 8-08 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Adeline Miner	12	L-FC-MC	10-02.00* 10
2 Emily Ludwig	12	La Crescent-	9-08.00* 8
3 Madison Simon	12	L-FC-MC	9-08.00* 6
4 Lauren Honken	11	Rushford-Pet	9-02.00* 5
5 Grace Erickson	11	Lewiston-Alt	8-08.00* 4
6 Rylee Kennedy	10	Lewiston-Alt	8-08.00* 3
7 Lydia Warmkagathje	9	St. Charles	8-02.00 2
8 Elizabeth Clarke	9	L-FC-MC	8-02.00 1
9 Emilee Peterson	8	Rushford-Pet	8-02.00
10 Araceli White	11	St. Charles	6-08.00
10 Kate Vermilya	7	St. Charles	6-08.00
--- Kiara Johnson	10	Rushford-Pet	NH

## Girls Long Jump Class A

1A Standard: 15-11 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Samantha Perez	10	St. Charles	16-06.75* 10
2 Aubryana Boldt	9	Rushford-Pet	16-02.50* 8
3 Kate Crosby	11	La Crescent-	15-08.50 6
4 Nicole Banse	9	Caledonia/Sp	15-02.00 5
5 Thavyah Matthews	11	St. Charles	15-01.50 4
6 Klaudia Biel	11	L-FC-MC	14-07.25 3
7 Claire Siebenhaler	9	St. Charles	14-06.25 2
8 Ava Rein	10	L-FC-MC	14-01.50 1
9 Tayler Helgemoe	11	Rushford-Pet	14-00.50
10 Ayshia Gay	12	Caledonia/Sp	13-06.25
11 Madison Ingvalson	8	Rushford-Pet	13-03.25
12 Korissa George	9	La Crescent-	13-02.75
13 Claire Daley	8	Lewiston-Alt	13-01.00
14 Breana VanGundy	10	Caledonia/Sp	12-08.25
15 Mara Schwarz	10	L-FC-MC	12-07.75
16 Gianna Teska	9	Cotter	12-02.75
17 Georgia Mundt	11	Lewiston-Alt	11-09.75
18 Dixi (Daisy) Liao	11	Cotter	10-04.50
19 Elise Vessey	9	La Crescent-	10-00.00

## Girls Triple Jump Class A

1A Standard: 32-10 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Aubryana Boldt	9	Rushford-Pet	33-07.25* 10
2 Kammry Broadwater	11	L-FC-MC	32-10.50* 8
3 Abby Hoffman	10	St. Charles	31-05.00 6
4 Aubrey Daniels	10	L-FC-MC	30-11.50 5
5 Klaudia Biel	11	L-FC-MC	30-10.75 4
6 Claire Heiring	10	Cotter	29-09.00 3
7 Ava Helgemoe	9	Rushford-Pet	29-08.00 2
8 Kate Vermilya	7	St. Charles	29-00.25 1

**2023 MSHSL (Section 1A) - Sub-section 1**  
**Track & Field Championships**  
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**Results**

**Finals ... (Girls Triple Jump Class A)**

Name	Yr	School	Finals
9 Stella Wendt	8	St. Charles	28-09.75
10 Lydia Pedretti	8	Rushford-Pet	28-05.75
11 Hailey Heimermann	8	Lewiston-Alt	27-05.75
12 Momoka Cox	10	La Crescent-	25-01.00
13 Karianna Barrientos	10	Cotter	24-11.00
14 Lilly Picha	11	La Crescent-	23-02.00
15 Elena Musso	11	La Crescent-	21-03.50

16 Gracie Mundt	8	Lewiston-Alt	72-05
17 Alondra Gasca	11	Lewiston-Alt	67-01
18 Breana VanGundy	10	Caledonia/Sp	66-00
19 Sarah Glodowski	10	Cotter	42-05

**Girls Shot Put Class A**

**1A Standard: 33-02 \***

Name	Yr	School	Finals
<b>Finals</b>			
1 Sydney Torgerson	12	Rushford-Pet	36-00.75* 10
2 Noelle Barclay	12	St. Charles	34-04.75* 8
3 Georgia Mundt	11	Lewiston-Alt	34-02.00* 6
4 Savanna Loken	11	Cotter	32-11.75 5
5 Emily Hansen	10	Lewiston-Alt	32-07.25 4
6 Jorja Meyer	9	Rushford-Pet	32-04.75 3
7 Samantha Fabian	11	La Crescent-	31-01.50 2
8 Ella Hoeger	9	Cotter	29-04.00 1
9 Ashtyn Meyer	12	Rushford-Pet	28-10.75
10 Bailey Erwin	10	L-FC-MC	26-11.25
11 Marabelle Kurth	10	St. Charles	26-02.00
12 Kloe Jore	12	Caledonia/Sp	25-10.50
13 Jessica Stendel	8	Caledonia/Sp	25-04.25
14 Campbell Cognac	11	Caledonia/Sp	25-03.75
15 Cora Schnebly	10	L-FC-MC	25-03.00
16 Lori Haack	10	La Crescent-	24-04.00
17 Mariana Arriaga	12	St. Charles	24-03.50
18 Alondra Gasca	11	Lewiston-Alt	24-01.50
19 Elizabeth McGlaun	9	Cotter	21-06.25
20 Livia Kabele	10	La Crescent-	20-03.00
--- Angel Apenhorst	12	L-FC-MC	ND

**Girls Discus Throw Class A**

**1A Standard: 100-09 \***

Name	Yr	School	Finals
<b>Finals</b>			
1 Sydney Torgerson	12	Rushford-Pet	125-07* 10
2 Kammry Broadwater	11	L-FC-MC	117-07* 8
3 Ashtyn Meyer	12	Rushford-Pet	110-03* 6
4 Georgia Mundt	11	Lewiston-Alt	103-04* 5
5 Savanna Loken	11	Cotter	91-01 4
6 Jorja Meyer	9	Rushford-Pet	91-00 3
7 Kinley Soiney	9	L-FC-MC	83-06 2
8 Samantha Fabian	11	La Crescent-	83-02 1
9 Ilee Byom	10	La Crescent-	82-08
10 Savannah Erickson	11	L-FC-MC	82-02
11 Zoie Mesiter-Smith	12	St. Charles	78-09
12 Lori Haack	10	La Crescent-	78-04
13 Ella Hoeger	9	Cotter	76-10
14 Ilah Daood	10	St. Charles	75-02
15 Iris McGinley	9	St. Charles	72-10

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

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## Results

**Boys 100 Meter Dash Class A**

1A Standard: 11.58 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Josh Beardmore	11	Caledonia/Sp	11.23* 10
2 Eli Staggemeyer	10	Caledonia/Sp	11.31* 8
3 Ezra Burros	9	Cotter	11.38* 5.5
3 Parker Storhoff	12	L-FC-MC	11.38* 5.5
5 Jason Schock	11	Caledonia/Sp	11.74 4
6 Ryan Kreidermacher	9	St. Charles	11.95 3
7 Chase Christianson	11	L-FC-MC	12.17 2
8 Izaak Burros	12	Cotter	12.21 1
9 Talan Einerwold	9	La Crescent-	12.28
9 John Fuchsel	12	La Crescent-	12.28
11 Cadel Carter	10	Rushford-Pet	12.54
12 Owen Sobotta	10	Rushford-Pet	12.57
13 Caleb Wobschall	11	St. Charles	12.82
13 Levi Ferden	12	St. Charles	12.82
15 Brett Snitker	12	Lewiston-Alt	12.97
16 Lucas Redalen	8	Rushford-Pet	13.00
17 Mason Zenke	11	Cotter	13.27
18 Kenny Hutchinson	9	L-FC-MC	13.41
19 Dierks Borchardt	9	Lewiston-Alt	13.52
19 Jace Good	10	Lewiston-Alt	13.52

**Boys 100 Meter Dash Class A**

1A Standard: 11.58 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Tyler Gunnarson	10	St. Charles	16.22 1

**Boys 200 Meter Dash Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Tyler Gunnarson	10	St. Charles	30.01 1

**Boys 200 Meter Dash Class A**

1A Standard: 23.61 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Fischer Wait	10	Caledonia/Sp	23.13* 10
2 Eric Mauss	12	Caledonia/Sp	23.31* 8
3 Owen Staggemeyer	10	Caledonia/Sp	23.56* 6
4 Gregg Gile	10	Rushford-Pet	23.91 5
5 Preston Meinke	10	Cotter	23.99 4
6 Toby Whitford	12	La Crescent-	24.16 3
7 Carter Todd	12	La Crescent-	24.21 2
8 Adam Paul	12	St. Charles	24.42 1
9 Michael Rein	11	L-FC-MC	24.64
10 Talan Einerwold	9	La Crescent-	25.96
11 Josh Krohse	10	St. Charles	26.10
12 Gaby Hernandez	11	St. Charles	26.25
13 Logan Torgerson	12	L-FC-MC	26.85
14 Mason Zenke	11	Cotter	26.86

**Finals ... (Boys 200 Meter Dash Class A)**

Name	Yr	School	Finals
15 Kenny Hutchinson	9	L-FC-MC	27.36
16 Brett Snitker	12	Lewiston-Alt	27.36
17 Dierks Borchardt	9	Lewiston-Alt	27.64
--- Owen Fenske	12	Rushford-Pet	NT
--- Cadel Carter	10	Rushford-Pet	NT

**Boys 400 Meter Dash Class A**

1A Standard: 53.11 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Fischer Wait	10	Caledonia/Sp	50.64* 10
2 Luke Gardner	11	Cotter	50.75* 8
3 Tyson Matzke	12	St. Charles	53.20 6
4 Toby Whitford	12	La Crescent-	53.52 5
5 Eric Mauss	12	Caledonia/Sp	54.06 4
6 Lyle Myhre	12	Caledonia/Sp	55.40 3
7 Davis Penhollow	9	L-FC-MC	56.59 2
8 Logan Gaynor	10	St. Charles	57.59 1
9 Jude McGroarty	11	Cotter	57.88
10 Jackson Mueller	10	Lewiston-Alt	59.97
11 Cody Serfling	9	L-FC-MC	1:01.10
12 Isaiah Menk	10	Lewiston-Alt	1:01.59
13 Seth Harper	9	Lewiston-Alt	1:01.96
14 Caden Mattson	9	Rushford-Pet	1:02.85
15 Louenn Grosjeanne	10	Rushford-Pet	1:03.51
16 Dylan Lehmann	9	La Crescent-	1:03.75
17 John Lee	10	Rushford-Pet	1:05.06
--- Joey Hammell	12	La Crescent-	NT
--- Izaak Burros	12	Cotter	NT
--- Pedro Rojas	9	St. Charles	NT

**Boys 800 Meter Run Class A**

Name	Yr	School	Finals
<b>Finals</b>			
1 Tyler Gunnarson	10	St. Charles	2:14.39 1

**Boys 800 Meter Run Class A**

1A Standard: 2:04.95 \*

Name	Yr	School	Finals
<b>Finals</b>			
1 Jayce Kiehne	11	L-FC-MC	1:59.41* 10
2 Dalton Hoel	12	Rushford-Pet	2:01.17* 8
3 Jovani Iglesias	10	St. Charles	2:06.79 6
4 Eddie Burlingame	10	St. Charles	2:07.51 5
5 Matthew Sprague	10	Rushford-Pet	2:08.66 4
6 Gedion Errthum	9	Cotter	2:16.04 3
7 Kyle Daniels	11	L-FC-MC	2:16.22 2
8 Kellen Groth	9	Cotter	2:17.84 1
9 Ryan Fredrickson	11	Lewiston-Alt	2:19.97
10 Isaac Lehmann	9	La Crescent-	2:21.52
11 Payson Woller	9	La Crescent-	2:22.81
12 Hunter Rislov	9	Rushford-Pet	2:23.61
13 William Jewison	7	Cotter	2:31.20

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

hosted by St. Charles

## Results

14	Guillermo Collazos-Villanuev	10	St. Charles	2:53.14
<b>Boys 1600 Meter Run Class A</b>				
1A Standard: 4:51.24 *				
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Jovani Iglesias	10	St. Charles	4:48.40* 10
2	Wyatt Kreidermacher	10	Lewiston-Alt	4:52.83 8
3	Ryan Fredrickson	11	Lewiston-Alt	5:01.69 6
4	Tyler Betthausen	11	Rushford-Pet	5:02.23 5
5	Isaac Rasmussen	9	Rushford-Pet	5:07.27 4
6	Brennan Kunst	8	Rushford-Pet	5:09.90 3
7	Jaxon Huntington	9	L-FC-MC	5:10.48 2
8	Landon Sethre	10	L-FC-MC	5:17.35 1
9	Austin Smith	11	La Crescent-	5:28.52
10	Caleb Aust	9	St. Charles	5:30.14
11	Drew Vessey	11	La Crescent-	5:30.61
12	Matthew Baumgartner	8	Cotter	5:31.29
13	Beau Collins	12	L-FC-MC	5:36.69
14	Alex Swenson	9	Cotter	5:51.75
15	Logan Chaney	11	St. Charles	5:52.50
16	Mack Welnetz	9	La Crescent-	6:00.06
17	Sylas Flatin	10	Caledonia/Sp	6:49.80
<b>Boys 3200 Meter Run Class A</b>				
1A Standard: 10:18.25 *				
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Erik Semling	7	Cotter	10:13.86* 10
2	John Fritts	11	Cotter	10:20.41 8
3	Ryan Prinsen	11	Rushford-Pet	10:26.35 6
4	Wyatt Kreidermacher	10	Lewiston-Alt	10:26.39 5
5	Ivan Daood	8	St. Charles	10:35.46 4
6	Ryan Littlefield	8	Cotter	10:51.96 3
7	Brennan Kunst	8	Rushford-Pet	11:02.37 2
8	Joey Welch	10	La Crescent-	11:19.11 1
9	Ryan Pichler	8	La Crescent-	11:39.17
10	Landon Sethre	10	L-FC-MC	11:59.41
11	Owen Gruber	11	St. Charles	12:01.17
12	Jaxon Huntington	9	L-FC-MC	12:10.82
13	Beatty Darr	11	Rushford-Pet	12:22.06
<b>Boys 110 Meter Hurdles Class A</b>				
1A Standard: 16.83 *				
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Christopher Hilton	10	St. Charles	14.90* 10
2	Quintin Betthausen	10	Rushford-Pet	15.94* 8
3	Charles Davidson	10	St. Charles	17.13 6
4	Casey Herek	10	Rushford-Pet	17.71 5
5	Will Harvey	11	L-FC-MC	17.78 4
6	Sam Mundt	10	Lewiston-Alt	18.86 3
7	Weston Collins	10	L-FC-MC	20.06 2
8	Cody Serfling	9	L-FC-MC	22.83 1
---	Zack Spitzer	11	St. Charles	DNF

**Boys 300 Meter Hurdles Class A**

1A Standard: 43.41 \*

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Christopher Hilton	10	St. Charles	40.52* 10
2	Quintin Betthausen	10	Rushford-Pet	44.08 8
3	Casey Herek	10	Rushford-Pet	44.84 6
4	Charles Davidson	10	St. Charles	44.95 5
5	Greyson Mauskemmo	10	St. Charles	45.45 4
6	Dave Wallace	11	Rushford-Pet	48.44 3
7	Weston Collins	10	L-FC-MC	50.46 2
8	Kane Larson	9	L-FC-MC	52.90 1

**Boys 4x100 Meter Relay Class A**

1A Standard: 45.23 \*

	<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>			
1	Caledonia/Sp		44.90* 10
	1) Eric Mauss 12	2) Jason Schock 11	
	3) Owen Staggemeyer 10	4) Josh Beardmore 11	
2	L-FC-MC		46.42 8
	1) Parker Storhoff 12	2) Chase Christianson 11	
	3) Henry Liew 11	4) Michael Rein 11	
3	La Crescent-Hokah		46.63 6
	1) Jaden George 11	2) John Fuchsel 12	
	3) Bryce Helke 12	4) Carter Todd 12	
4	St. Charles		47.21 4
	1) Adam Paul 12	2) Braden Brevig 12	
	3) Ryan Kreidermacher 9	4) Jack Dailey 11	
5	Cotter		48.97 3
	1) Tyler Sturm 11	2) Mason Zenke 11	
	3) Jackson Cada 11	4) Luke Danielson 12	
6	Rushford-Pet		49.05 2
	1) Owen Fenske 12	2) Cadel Carter 10	
	3) Owen Sobotta 10	4) Lucas Redalen 8	
7	Lewiston-Altura		52.90 1
	1) Dierks Borchardt 9	2) Dexter Nelson 9	
	3) Jace Good 10	4) Brett Snitker 12	

**Boys 4x200 Meter Relay Class A**

1A Standard: 1:34.13 \*

	<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>			
1	Caledonia/Sp		1:34.12* 10
	1) Eli Staggemeyer 10	2) Owen Staggemeyer 10	
	3) Josh Beardmore 11	4) Fischer Wait 10	
2	L-FC-MC		1:36.78 8
	1) Henry Liew 11	2) Davis Penhollow 9	
	3) Mason Howard 11	4) Michael Rein 11	
3	La Crescent-Hokah		1:36.89 6
	1) Toby Whitford 12	2) Jaden George 11	
	3) Bryce Helke 12	4) Carter Todd 12	

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

hosted by St. Charles

## Results

4	St. Charles	1:37.97	4
	1) Adam Paul 12		
	2) Pedro Rojas 9		
	3) Ryan Kreidermacher 9		
	4) Jack Dailey 11		
5	Rushford-Pet	1:39.05	3
	1) Gregg Gile 10		
	2) Alex Wedl 10		
	3) Owen Fenske 12		
	4) Grady Hengel 12		
6	Cotter	1:39.70	2
	1) Tyler Sturm 11		
	2) Brayden Novakoski 9		
	3) Bobby Sandcork 11		
	4) Luke Danielson 12		
7	Lewiston-Altura	1:42.79	1
	1) Payton Buytaert 9		
	2) Jordan Leonardo 11		
	3) Isaiah Menk 10		
	4) Owen Sommer 11		

## Boys 4x400 Meter Relay Class A

1A Standard: 3:35.83 \*

Team	Relay	Finals
<b>Finals</b>		
1	Cotter	3:30.48* 10
	1) Ezra Burros 9	
	2) Elliot Fitzgerald 11	
	3) Brayden Novakoski 9	
	4) Luke Gardner 11	
2	L-FC-MC	3:31.81* 8
	1) Sam Springer 12	
	2) Isaac Snyder 11	
	3) Mason Howard 11	
	4) Luke Ruen 11	
3	St. Charles	3:33.18* 6
	1) Tyson Matzke 12	
	2) Pedro Rojas 9	
	3) Eddie Burlingame 10	
	4) Christopher Hilton 10	
4	Rushford-Pet	3:49.02 4
	1) Quintin Betthausen 10	
	2) Dave Wallace 11	
	3) Alex Wedl 10	
	4) Grady Hengel 12	
5	Lewiston-Altura	3:55.69 3
	1) Payton Buytaert 9	
	2) Jordan Leonardo 11	
	3) Isaiah Menk 10	
	4) Owen Sommer 11	
6	Caledonia/Sp	3:58.75 2
	1) Jason Schock 11	
	2) Lyle Myhre 12	
	3) Sylas Flatin 10	
	4) Tysen Grinde 12	

## Boys 4x800 Meter Relay Class A

1A Standard: 8:51.34 \*

Team	Relay	Finals
<b>Finals</b>		
1	L-FC-MC	8:32.66* 10
	1) Mason Howard 11	
	2) Sam Springer 12	
	3) Isaac Snyder 11	
	4) Luke Ruen 11	
2	Rushford-Pet	8:40.80* 8
	1) Ryan Prinsen 11	
	2) Tyler Betthausen 11	
	3) Matthew Sprague 10	
	4) Dalton Hoel 12	
3	St. Charles	9:12.13 6
	1) Isaac Mosdal 10	
	2) Daniel Reiman 8	
	3) Carter Gunnarson 9	
	4) Lane Waller 12	
4	La Crescent-Hokah	9:13.32 4
	1) Joey Welch 10	
	2) Isaac Lehmann 9	
	3) Payson Woller 9	
	4) Austin Smith 11	
5	Cotter	9:24.05 3
	1) Gedion Errthum 9	
	2) Francis Koll 10	
	3) Jackson Cada 11	
	4) John Fritts 11	

## Boys High Jump Class A

1A Standard: 5-11 \*

Name	Yr	School	Finals
<b>Finals</b>			
1	Tysen Grinde	12 Caledonia/Sp	6-06.00* 10
2	Ethan Stendel	10 Caledonia/Sp	5-11.00* 8
3	Charles Davidson	10 St. Charles	5-11.00* 6
4	Owen Sommer	11 Lewiston-Alt	5-07.00 5
5	Grady Hengel	12 Rushford-Pet	5-07.00 4
6	Josh Barclay	9 St. Charles	5-05.00 3
7	Lucas Redalen	8 Rushford-Pet	5-05.00 2
8	Andy Peterson	12 L-FC-MC	5-05.00 1
9	Jack Dailey	11 St. Charles	5-05.00
10	Logan Torgerson	12 L-FC-MC	5-01.00
10	Seth Lubinski	8 Lewiston-Alt	5-01.00
12	David Harvey	9 L-FC-MC	5-01.00
---	Alex Wedl	10 Rushford-Pet	NH

## Boys Pole Vault Class A

1A Standard: 11-08 \*

Name	Yr	School	Finals
<b>Finals</b>			
1	Boston Wright	11 L-FC-MC	11-08.00* 10
2	Braden Brevig	12 St. Charles	11-02.00 8
3	Ryan Prinsen	11 Rushford-Pet	10-08.00 5.5
3	Parker Storhoff	12 L-FC-MC	10-08.00 5.5
5	Beau Collins	12 L-FC-MC	9-08.00 4
6	Logan Gaynor	10 St. Charles	9-02.00 3
7	Ryan Kreidermacher	9 St. Charles	9-02.00 2
8	Cadel Carter	10 Rushford-Pet	8-08.00 1
9	Tyler Betthausen	11 Rushford-Pet	8-08.00
10	Dexter Nelson	9 Lewiston-Alt	8-02.00
11	Jackson Loomis	10 Cotter	7-08.00

## Boys Long Jump Class A

1A Standard: 19-07 \*

Name	Yr	School	Finals
<b>Finals</b>			
1	Josh Beardmore	11 Caledonia/Sp	21-00.50* 10
2	Preston Meinke	10 Cotter	20-09.50* 8
3	Grady Hengel	12 Rushford-Pet	20-05.00* 6
4	Tysen Grinde	12 Caledonia/Sp	19-10.50* 5
5	Henry Liew	11 L-FC-MC	19-00.75 4
6	Gregg Gile	10 Rushford-Pet	19-00.50 3
7	Charles Davidson	10 St. Charles	18-09.50 2
8	Jack Dailey	11 St. Charles	18-08.75 1
9	Ethan Stendel	10 Caledonia/Sp	18-02.75
10	Payton Buytaert	9 Lewiston-Alt	17-04.50
11	Dalton Hoel	12 Rushford-Pet	17-03.00
12	Andy Peterson	12 L-FC-MC	16-04.50
13	Francis Koll	10 Cotter	15-10.75
14	Jordan Leonardo	11 Lewiston-Alt	15-07.00
15	Logan Torgerson	12 L-FC-MC	15-05.00
16	Saevian Hong	9 St. Charles	15-04.75

## 2023 MSHSL (Section 1A) - Sub-section 1

## Track &amp; Field Championships

hosted by St. Charles

## Results

17	Joey Hammell	12	La Crescent-	14-06.50
18	Jackson Seitz	9	La Crescent-	14-00.75
<b>Boys Triple Jump Class A</b>				
1A Standard: 40-06 *				
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Christopher Hilton	10	St. Charles	41-01.00* 10
2	Tysen Grinde	12	Caledonia/Sp	39-04.50 8
3	Henry Liew	11	L-FC-MC	39-01.75 6
4	Bobby Sandcork	11	Cotter	39-01.50 5
5	Gregg Gile	10	Rushford-Pet	39-00.25 4
6	Greyson Mauskemo	10	St. Charles	37-02.75 3
7	Alex Wedl	10	Rushford-Pet	37-01.00 2
8	Pedro Rojas	9	St. Charles	36-09.25 1
9	Andy Peterson	12	L-FC-MC	36-01.75
10	David Harvey	9	L-FC-MC	35-08.00
11	Francis Koll	10	Cotter	35-06.00
12	Seth Lubinski	8	Lewiston-Alt	31-04.75
<b>Boys Shot Put Class A</b>				
1A Standard: 44-03 *				
	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Garrett Bonow	11	Lewiston-Alt	46-10.00* 10
2	Jackson Bergan	12	Rushford-Pet	45-09.50* 8
3	Ethan Crouch	11	Caledonia/Sp	39-08.75 6
4	Jackson Loga	12	St. Charles	39-07.50 5
5	Chace Drazkowski	8	Rushford-Pet	39-06.00 4
6	Levi Oevering	11	Lewiston-Alt	39-05.00 3
7	Brock Taylor	12	L-FC-MC	38-02.00 2
8	Matthew Storm	11	St. Charles	37-10.50 1
9	Jake Meyer	12	St. Charles	36-09.50
10	Luke Danielson	12	Cotter	36-06.25
11	Tyler Stendel	11	Caledonia/Sp	36-01.25
12	Jack Kreutzman	12	La Crescent-	35-10.75
13	Tyler Sturm	11	Cotter	35-05.75
14	Owen Fenske	12	Rushford-Pet	35-04.75
15	Tyler Mayer	11	L-FC-MC	35-00.25
16	Sam Mundt	10	Lewiston-Alt	34-09.00
17	Tristan Meyer	10	Caledonia/Sp	34-06.50
18	Lucas Dykman	10	La Crescent-	31-07.25
19	Lucas Nikoloski	11	L-FC-MC	30-01.25

**Boys Discus Throw Class A**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
<b>Finals</b>				
1	Tyler Gunnarson	10	St. Charles	44-08 1

**Boys Discus Throw Class A**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
1A Standard: 131-04 *				
<b>Finals</b>				
1	Jordan Tornstrom	11	Caledonia/Sp	138-04* 10
2	Jackson Bergan	12	Rushford-Pet	128-06 8

**Finals ... (Boys Discus Throw Class A)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals</b>
3	Lucas Nikoloski	11	L-FC-MC	128-00 6
4	Mason Banse	11	Caledonia/Sp	119-11 5
5	Jack Kreutzman	12	La Crescent-	116-02 4
6	Garrett Bonow	11	Lewiston-Alt	115-05 3
7	Jake Meyer	12	St. Charles	112-11 2
8	Michael Rein	11	L-FC-MC	112-02 1
9	Brock Taylor	12	L-FC-MC	107-10
10	Jackson Loga	12	St. Charles	105-11
11	Cale Winfield	10	St. Charles	102-10
12	Matthew Hengel	10	Rushford-Pet	101-11
13	Chace Drazkowski	8	Rushford-Pet	98-01
14	Tyler Steele	10	Lewiston-Alt	96-10
15	Luke Danielson	12	Cotter	93-11
16	Tyler Stendel	11	Caledonia/Sp	89-04
16	Sam Mundt	10	Lewiston-Alt	89-04
18	Jacob Rydman	10	Cotter	82-02
19	Lucas Dykman	10	La Crescent-	82-01
20	Tyler Sturm	11	Cotter	80-01

**Women - Class A - Team Rankings - 18 Events Scored**

1)	L-FC-MC	138
2)	Cotter	122
2)	Rushford-Peterson/Houston	122
4)	St. Charles	104.5
5)	La Crescent-Hokah	94
6)	Lewiston-Altura	62.5
7)	Caledonia/Spring Grove	30

**Men - Class A - Team Rankings - 22 Events Scored**

1)	Caledonia/Spring Grove	147
2)	St. Charles	142
3)	Rushford-Peterson/Houston	131.5
4)	L-FC-MC	108
5)	Cotter	74.5
6)	Lewiston-Altura	48
7)	La Crescent-Hokah	31